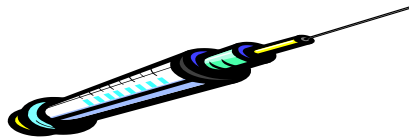


# SEPTEMBER 2018



## OPENING TIMES

Monday to Friday

8.30am -6.00pm

You should ring 515410 if you require a doctor URGENTLY

Please note the surgery will be closed on 11 October 2018 and 15 November 2018 between 1pm and 5pm for training purposes.

## *Protect yourself this winter*

### FLU VACCINATIONS

Flu clinics will be held at the surgery on **SATURDAY 29 SEPTEMBER AND SATURDAY 13 OCTOBER 2018 from 9am to 1pm**. If you are aged 65 or over (by 31 March 2019) or suffer with Diabetes, Heart Disease, Chronic Obstructive Pulmonary disease, Chronic Renal, Liver disease, are a Carer OR are pregnant it is recommended that you receive a vaccination against flu.

**No appointment is necessary - just turn up**. If you cannot make this day, please contact the surgery to make an appointment for another time. You will be sent an invitation letter, please bring this with you when you attend for your flu vaccination.

Children aged 2 & 3 on or before 31 August 2018 are also eligible for the flu at the Surgery - this will be administered by nasal spray not injection. We are still awaiting delivery of the nasal flu. It is hoped these will be available. All children will be invited to attend on Saturday 13<sup>th</sup> October between 9am and 1pm. We ask that parents/guardians check the surgery website [www.cadwgansurgery.org](http://www.cadwgansurgery.org) during the week commencing 8 October to ensure the vaccine is available. Alternatively you can contact the surgery on 01492 515787.

### SHINGLES VACCINATION

If your Date of birth is between 2/9/1938 and 1/9/1941 or between 2/9/1942 and 1/9/1948 and you have not already received a shingles vaccine- you are eligible to a receive vaccine this year. You can receive this vaccination at the same time as your Flu vaccine. Please attend on one of the Saturday morning flu sessions, or alternatively, contact the surgery to make an appointment. PLEASE NOTE THAT WE ARE UNABLE TO GIVE SHINGLES VACCINES TO ANY PATIENTS WHOSE DATE OF BIRTH IS NOT WITHIN THE DATE OF BIRTH RANGES LISTED ABOVE.

### PERSONNEL

We wish to welcome Dr Carys Jones back from maternity leave and also new Nurse Eve Bradshaw to the practice.

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If you have any suggestions or comments regarding the Appointments system or any other aspect of the surgery, please let us know. Thank you for the suggestions received.